DISCLAIMER

Open water swimming is not dangerous unless undertaken recklessly. The key is to know your limits and swim within them. Limits include swimming ability, cold water acclimatization and how much you know about the water in front of you.

Open water swimming is like any other outdoor activity; you need to respect the limits of your experience.

Plan to swim within your limits and try to make a conservative estimate of those limits.

Speak to others at The Lake to ensure you understand The Lake environment to increase your knowledge of open water swimming in a safe environment.

The Lake is deep and the water is often very cold or colder than you may be expecting.

The Club takes steps to maintain the safety of its members and their guests, but cannot guarantee their safety.

By becoming a member you accept that you (and confirm that any of your children or Juniors):

- 1. Will not enter the water for swimming in the Lake (save for taking the swim test) before taking and passing the 50m swim test. It is your responsibility to make sure you take and pass the 50m swim test after joining the Club and before entering the water for swimming.
- 2. Understand that, so far as permissible by law, the Club excludes all liability for any death, injury, loss or damage sustained whilst visiting the lake.
- 3. Will take reasonable care when visiting the Lake.
- 4. Have read the Club rules and agree to abide by them.

PLEASE PRINT OFF AND SIGN THE SECOND PAGE OF THE MEMBERSHIP APPLICATION FORM TO CONFIRM YOU AGREE WITH THE ABOVE. DO NOT RETURN AN ELECTRONIC COPY.