

Centenary Schedule of Events 2019

Please note that some of these events will be open to members only & ticketed via Eventbrite (you will be advised when tickets are available). Normal guest rules will apply for the duration of the Centenary.

Date	Event	Time	Further details
Sunday 30 th June	<ul style="list-style-type: none"> • Lantern making with Marion De Berker • Fish making workshop 	2-5pm 2-5pm	
Friday 5 th July	<ul style="list-style-type: none"> • Qigong Session with Nicola Pooley 	9-10am	Qigong is a gentle, meditative exercise for health and well-being. Further sessions are throughout the week
Sat 6 th July	<ul style="list-style-type: none"> • All day - Historic display – Club room • Quilt display – Ladies Changing Room • Open Mic Evening / Talent night • Art & poetry display 	7pm – 8.30pm	Displayed from 6 th – 14 th July Displayed from 6 th – 14 th July
Sun 7 th July	<ul style="list-style-type: none"> • Centenary Book Launch & book signing • Past Members tea party • Tessitura Opera 	2pm – 5pm 2pm – 5pm 8pm – 9.30pm	Susie Parr will be launching her book 'The Lake: Henleaze Swimming Club's Centenary book'. Pre-publication reservation forms are available at the Lake. Music from 3.30pm by Ukenlaugh –ukulele & piano Tessitura Opera (see tessitura.co.uk)
Tues 9 th July	<ul style="list-style-type: none"> • Qigong Session – Nicola Pooley • Lake Film Night 	10-11am 7.30 – 9pm	A selection of films from over the years about the Lake.
Weds 10 th July	<ul style="list-style-type: none"> • Guided tours of Lake 	12noon – 4pm	An opportunity to learn more about the Lake, it's history and nature.
Thurs 11 th July	<ul style="list-style-type: none"> • Silent Disco 	8pm – 9.30pm	
Fri 12 th July	<ul style="list-style-type: none"> • Qigong Session – Nicola Pooley • Slow swim and picnic • Camping night 	9-10am 2-5pm 6pm 12th to 10am Sat 13 th Early morning swim on 13 th	
Sat 13 th July	<ul style="list-style-type: none"> • Kids fun inflatable session • Gala night with shared supper & wine. • Swing Dance Lessons • Paper Moon Swing Band 	3pm – 5pm 7pm – 10.30pm 7.30pm 8pm	

<p>Sun 14th July</p>	<p>Finale</p> <ul style="list-style-type: none"> • Swimming Gala, • Dressing up, swimming costumes through the ages parade. • Synchronised swimming display accompanied. • Fish Launch • Lake song and Gasworks singers • Ambling band • Henleaze Lake Orchestra • Nuala & Band 	<p>1–3pm All day with parade at 3 pm</p> <p>4-5pm 5pm 5.30-6pm 6.30–7.15pm 7.15-8pm 8pm</p>	<p>Our very talented Nuala and Band will be performing (see www.nualahonan.com)</p>
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