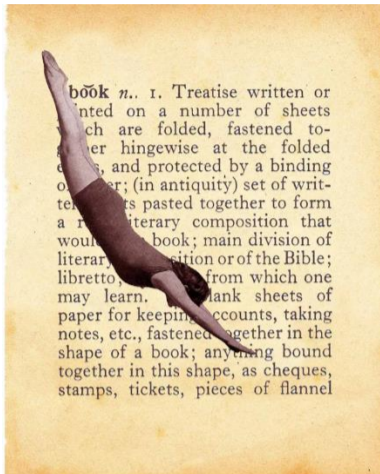


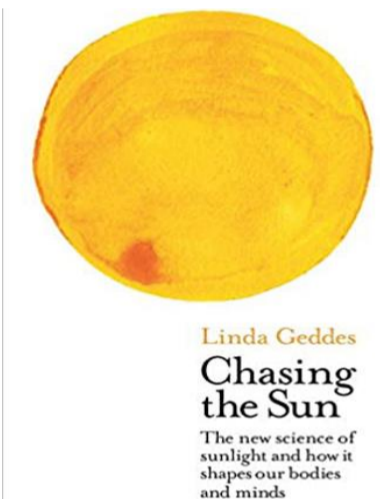
# Henleaze lake Book Festival

Sunday 17<sup>th</sup> July 4.00 to 7.00pm



## Dive into a book: A celebration of Lake authors

Come and hear a selection of our wonderful Lake authors speaking about their work. Full details and how to book will be emailed to members early in July. Each author will speak for 20 minutes with time at the end for the audience to ask questions.

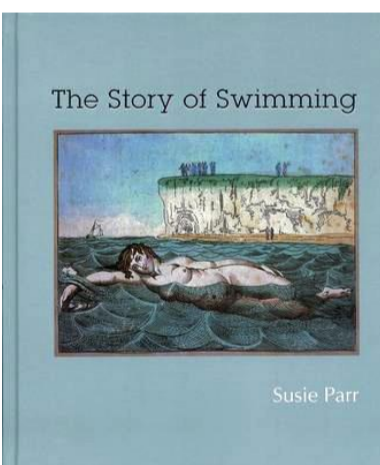


### Linda Geddes

#### *Chasing the Sun: The New Science of Sunlight and How it Shapes Our Bodies and Minds*

Linda Geddes is an award-winning British journalist and author writing about the science of sex, death, and everything in-between. Linda will speak on why getting more light will improve your health.

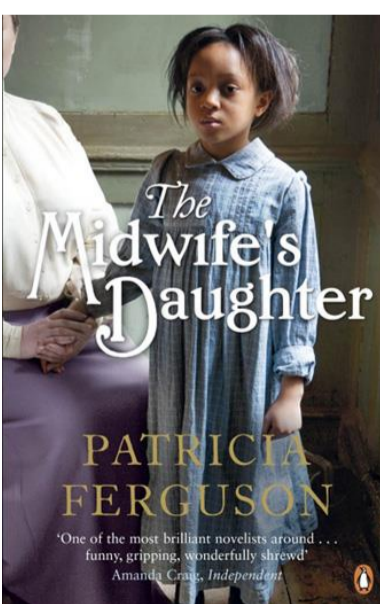
[www.lindageddes.com](http://www.lindageddes.com)



### Susie Parr

#### *The Story of Swimming & The Lake*

Passionate outdoor swimmer and Lake member, Susie Parr, will tell us about the social history of British swimming, from the earliest references in Roman and Anglo Saxon literature to the decline of British seaside resorts and traditional bathing clubs in the late 20th century. Susie will also include the Lake's history as part of this.



### Patricia Ferguson

#### *The Midwife's Daughter*

Patricia Ferguson trained in nursing and midwifery, and her first book, *Family Myths and Legends*, won the Betty Trask, David Higham and Somerset Maugham awards. *It So Happens* and *Peripheral Vision* were both longlisted for the Orange Prize. Pat will read from and tell us about her novel, *The Midwife's Daughter*, which is a deeply moving tale about two sisters and the young black orphan who changes their lives. The book is set just before the first world war when midwifery and reproductive rights for women were undergoing radical change.